

# STAMINA Referral Process



# 1

## CONSIDER

Consider inclusion/ exclusion criteria overleaf, the patient is eligible continue with the referral.



## ASK

Ask the patient if they are happy for their details to be passed on and a referral to the exercise intervention to be made.

Yes



No

# 2

Reassure the patient that it is ok and they can access the programme at a later date if they wish.

# 3

## Inform

The research team will call within 5 working days to take consent, a health screening questionnaire and book in for a screening visit.

